

# Live Your Dash Make Every Moment Matter Linda Ellis

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The Dash Linda Ellis 2012-04-16 When your life is over, everything you did will be represented by a single dash between two dates—what will that dash mean for the people you have known and loved? As Joseph Epstein once said, "We do not choose to be born. We do not choose our parents, or the country of our birth. We do not, most of us, choose to die. . . . But within this realm of choicelessness, we do choose how we live." And that is what The Dash is all about. Beginning with an inspiring poem by Linda Ellis titled "The Dash," renowned author Mac Anderson then applies his own signature commentary on how the poem motivates us to make certain choices in our lives—choices to ignore the calls of selfishness and instead reach out to others, using our God-given abilities to brighten their days and lighten their loads. After all, at the end of life, how we will be remembered—whether our dash represents a full, joyous life of seeking God's glory, or merely the space between birth and death—will be entirely up to the people we've left behind, the lives we've changed.

A Tale for the Time Being Ruth Ozeki 2013-03-12 A brilliant, unforgettable novel from bestselling author Ruth Ozeki, author of *The Book of Form and Emptiness* Finalist for the Booker Prize and the National Book Critics Circle Award "A time being is someone who lives in time, and that means you, and me, and every one of us who is, or was, or ever will be." In Tokyo, sixteen-year-old Nao has decided there's only one escape from her aching loneliness and her classmates' bullying. But before she ends it all, Nao first plans to document the life of her great grandmother, a Buddhist nun who's lived more than a century. A diary is Nao's only solace—and will touch lives in ways she can scarcely imagine. Across the Pacific, we meet Ruth, a novelist living on a remote island who discovers a collection of artifacts washed ashore in a Hello Kitty lunchbox—possibly debris from the devastating 2011 tsunami. As the mystery of its contents unfolds, Ruth is pulled into the past, into Nao's drama and her unknown fate, and forward into her own future. Full of Ozeki's signature humor and deeply engaged with the relationship between writer and reader, past and present, fact and fiction, quantum physics, history, and myth, *A Tale for the Time Being* is a brilliantly inventive, beguiling story of our shared humanity and the search for home.

Introduction to Probability Joseph K. Blitzstein 2014-07-24 Developed from celebrated Harvard statistics lectures, *Introduction to Probability* provides essential language and tools for understanding statistics, randomness, and uncertainty. The book explores a wide variety of applications and examples, ranging from coincidences and paradoxes to Google PageRank and Markov chain Monte Carlo (MCMC). Additional

Be Here Now Ram Dass 2010 A social scientist recreates his search for expanded consciousness, through the psychedelia of LSD to the final calm and inner wisdom of Rajah Yoga

Archaeology and History in Southern Nigeria Linda Ellis 1984

Eleven Minutes Paulo Coelho 2009-10-13 "The book casts a curiously sweet spell." — Entertainment Weekly Eleven Minutes tells the story of Maria, a young girl from a Brazilian village whose first innocent brushes with love leave her heartbroken. At a tender age, she becomes convinced that she will never find true love, instead believing that "love is a terrible thing that will make you suffer." A chance meeting in Rio takes her to Geneva, where she dreams of finding fame and fortune, yet ends up working as a prostitute. In Geneva, Maria's despairing view of love is put to the test when she meets a handsome young painter. In this odyssey of self-discovery, Maria must choose between pursuing a path of darkness—sexual pleasure for its own sake—or risking everything to find her own inner light and the possibility of true love.

Hagakure: The Book of the Samurai Yamamoto Tsunetomo 2015-06-08 A Collection of Thoughts, Sayings and Meditations on the Way of the Samurai "It is said that what is called "the spirit of an age" is something to which one cannot return. That this spirit gradually dissipates is due to the world's coming to an end. For this reason, although one would like to change today's world back to the spirit of one hundred years or more ago, it cannot be done. Thus it is important to make the best out of every generation." — Tsunetomo Yamamoto, Hagakure: The Book of the Samurai A formerly secret text known only to the Samurai, Hagakure is a classic text on Bushido—the Way of the Warrior. More than just a handbook for battle, Hagakure is a text that filled with teachings that still apply in business, political and social situations today. This Xist Classics edition has been professionally formatted for e-readers with a linked table of contents. This eBook also contains a bonus book club leadership guide and discussion questions. We hope you'll share this book with your friends, neighbors and colleagues and can't wait to hear what you have to say about it.

Bella Figura Kamin Mohammadi 2018-05-08 "My ideal type of armchair travel: immersive, insightful, seductive. In *Bella Figura*, Kamin Mohammadi takes us to the year in Florence that changed her life, and gives us the tools to bring the grace of the Italian lifestyle to our own lives." —National Bestselling Author Stephanie Danler "She walks down the street with a swing in her step and a lift to her head. She radiates allure as if followed by a personal spotlight. She may be tall or short, slim or pneumatically curvaceous, dressed discreetly or ostentatiously—it matters not. Her gait, her composure, the very tilt of her head is an ode to grace and self-possession that makes her beautiful whatever her actual features reveal." This is the bella figura, the Italian concept of making every aspect of life as beautiful as it can be, that Kamin Mohammadi discovered when she escaped the London corporate media world for a year in Italy. Following the lead of her new neighbors, she soon found a happier, healthier, and more beautiful way of living. The bella figura knows: • That the food that you eat should give you pleasure while eating it. Pause for meals, and set a place, even if you are eating alone. • To seize any opportunity to get moving—be it taking the stairs, doing a coffee run at work, or dancing with abandon. • To drink a spoonful of excellent-quality extra-virgin olive oil four times a day. • To seek out nature, be it a city park, a tree on your street, or some wild place. • And to love yourself. The bella figura—occupies her space, emotionally and physically, with style and entitlement.

Sophie's World Jostein Gaarder 2007-03-20 One day Sophie comes home from school to find two questions in her mail: "Who are you?" and "Where does the world come from?" Before she knows it she is enrolled in a correspondence course with a mysterious philosopher. Thus begins Jostein Gaarder's unique novel, which is not only a mystery, but also a complete and entertaining history of philosophy.

The Picture of Dorian Gray Oscar Wilde 2016-03-24 The Picture of Dorian Gray by Oscar Wilde from Coterie Classics All Coterie Classics have been formatted for e-readers and devices and include a bonus link to the free audio book. "Those who find ugly meanings in beautiful things are corrupt without being charming. This is a fault. Those who find beautiful meanings in beautiful things are the cultivated. For these there is hope. They are the elect to whom beautiful things mean only Beauty. There is no such thing as a moral or an immoral book. Books are well written, or badly written. That is all." Oscar Wilde, *The Picture of Dorian Gray* A man sells his soul for eternal youth and scandalizes the city in Oscar Wilde's *The Picture of Dorian Gray*.

Eats, Shoots & Leaves Lynne Truss 2004-04-12 We all know the basics of punctuation. Or do we? A look at most neighborhood signage tells a different story. Through sloppy usage and low standards on the internet, in email, and now text messages, we have made proper punctuation an endangered species. In *Eats, Shoots & Leaves*, former editor Lynne Truss dares to say, in her delightfully urbane, witty, and very English way, that it is time to look at our commas and semicolons and see them as the wonderful and necessary things they are. This is a book for people who love punctuation and get upset when it is mishandled. From the invention of the question mark in the time of Charlemagne to George Orwell shunning the semicolon, this lively history makes a powerful case for the preservation of a system of printing conventions that is much too subtle to be mucked about with.

Rich Dad, Poor Dad Robert T. Kiyosaki 2016-04-27 Although we have been successful in our careers, they have not turned out quite as we expected. We both have changed positions several times—for all the right reasons—but there are no pension plans vesting on our behalf. Our retirement funds are growing only through our individual contributions. Michael and I have a wonderful marriage with three great children. As I write this, two are in college and one is just beginning high school. We have spent a fortune making sure our children have received the best education available. One day in 1996, one of my children came home disillusioned with school. He was bored and tired of studying. "Why should I put time into studying subjects I will never use in real life?" he protested. Without thinking, I responded, "Because if you don't get good grades, you won't get into college." "Regardless of whether I go to college," he replied, "I'm going to be rich."

Rings on Her Fingers ReGina Welling 2015-04-01 Four best friends, two pesky ghosts, and one spiteful ex Toss in an ancestral home that's falling apart at the seams and Julie Hayward has hit her limit. A total pragmatist, Julie has no time for anything that sparks of woo woo, until an unplanned meeting with a psychic medium changes everything. The last thing Julie needs is a set of cryptic clues to a lost family fortune and another man underfoot. Enter Tyler Kingsley. Former journalist with a nose for news. What red-blooded man could resist a beautiful woman, or a treasure hunt? When Tyler realizes Julie is in danger, he decides to do whatever it takes to help her. Even if it means losing his heart. Grab your copy of the first book in this enchanting, romantic cozy mystery series because you want to live in a world where four best friends find love, adventure, humor, and suspense. Series keywords: cozy mystery, psychic romance mystery comedy, sweet romance, funny romantic paranormal mystery, romantic mystery ghosts, romantic mystery aura reader, light romantic suspense, spirits, ghosts, tarot reader, romance series, romantic comedy series, paranormal romance, cozy romantic mystery series, for fans of Nora Roberts, romance mystery books, romance novels, cozy mystery series, cozy romance, romantic mystery, ghostly mystery, feel-good mystery, uplift, small town mystery, women sleuths, female protagonists, haunted mysteries, romantic mystery series.

Playlist for the Apocalypse: Poems Rita Dove 2021-08-17 A piercing, unflinching new volume offers necessary music for our tumultuous present, from "perhaps the best public poet we have" (Boston Globe). In her first volume of new poems in twelve years, Rita Dove investigates the vacillating moral compass guiding America's, and the world's, experiments in democracy. Whether depicting the first Jewish ghetto in sixteenth-century Venice or the contemporary efforts of Black Lives Matter, a girls' night clubbing in the shadow of World War II or the doomed nobility of Muhammad Ali's conscious objector stance, this extraordinary poet never fails to connect history's grand exploits to the triumphs and tragedies of individual lives. Meticulously orchestrated and musical in its forms, *Playlist* for the Apocalypse collects a dazzling array of voices: an elevator operator simmers with resentment, an octogenarian dances an exuberant mambo, a spring cricket philosophizes with mordant humor on hip hop, critics, and Valentine's Day. Calamity turns all too personal in the book's final section, "Little Book of Woe," which charts a journey from terror to hope as Dove learns to cope with debilitating chronic illness. At turns audaciously playful and grave, alternating poignant meditations on mortality and acerbic observations of injustice, *Playlist* for the Apocalypse takes us from the smallest moments of redemption to cataclysmic failures of the human soul. Listen up, the poet says, speaking truth to power; what you'll hear in return is "a lifetime of song."

Not My Romeo Ilsa Madden-Mills 2020-08-18 Wall Street Journal bestselling author Ilsa Madden-Mills delivers a smart and sexy contemporary romance about a smoking-hot professional football player and the small-town girl he can't resist. We start off with a lie on Valentine's Day. My blind date isn't the studious guy I expected: he's a drop-dead gorgeous player with sinful amber eyes. Somehow we end up at his penthouse. I blame the gin and tonic. The next day I learn he's Jack Hawke—bad-boy professional quarterback with a murky past. The NDA he has me sign should be a warning that he isn't a regular person. Please. I sign it Juliet Capulet, so goodbye, famous football player with abs of steel, and good luck tracking down this small-town librarian. But Jack keeps showing up in places I least expect him. Just when I'm sure he's gone, he waltzes into my community theater and wins the part of Romeo to my Juliet. How's a plain, mostly innocent girl like me supposed to resist a man like him? Is Jack my real Romeo...or will this gorgeous football player only break my heart?

The Book Thief Markus Zusak 2007-12-18 #1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of *I Am the Messenger*, has given us one of the most enduring stories of our time. "The kind of book that can be life-changing." —The New York Times "Deserves a place on the same shelf with *The Diary of a Young Girl* by Anne Frank." —USA Today DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF.

The Road Cormac McCarthy 2007-03-20 NATIONAL BESTSELLER • WINNER OF THE PULITZER PRIZE • A searing, post-apocalyptic novel about a father and son's fight to survive, this "tale of survival and the miracle of goodness only adds to McCarthy's stature as a living master. It's gripping, frightening and, ultimately, beautiful" (San Francisco Chronicle). A father and his son walk alone through burned America. Nothing moves in the ravaged landscape save the ash on the wind. It is cold enough to crack stones, and when the snow falls it is gray. The sky is dark. Their destination is the coast, although they don't know what, if anything, awaits them there. They have nothing; just a pistol to defend themselves against the lawless bands that stalk the road, the clothes they are wearing, a cart of scavenged food—and each other. The Road is the profoundly moving story of a journey. It boldly imagines a future in which no hope remains, but in which the father and his son, "each the other's world entire," are sustained by love. Awesome in the totality of its vision, it is an unflinching meditation on the worst and the best that we are capable of: ultimate destructiveness, desperate tenacity, and the tenderness that keeps two people alive in the face of total devastation.

Strengthening Forensic Science in the United States National Research Council 2009-07-29 Scores of talented and dedicated people serve the forensic science community, performing vitally important work. However, they are often constrained by lack of adequate resources, sound policies, and national support. It is clear that change and advancements, both systemic and scientific, are needed in a number of forensic science disciplines to ensure the reliability of work, establish enforceable standards, and promote best practices with consistent application. Strengthening Forensic Science in the United States: A Path Forward provides a detailed plan for addressing these needs and suggests the creation of a new government entity, the National Institute of Forensic Science, to establish and enforce standards within the forensic science community. The benefits of improving and regulating the forensic science disciplines are clear: assisting law enforcement officials, enhancing homeland security, and reducing the risk of wrongful conviction and exoneration. Strengthening Forensic Science in the United States gives a full account of what is needed to advance the forensic science disciplines, including upgrading of systems and organizational structures, better training, widespread adoption of uniform and enforceable best practices, and mandatory certification and accreditation programs. While this book provides an essential call-to-action for congress and policy makers, it also serves as a vital tool for law enforcement agencies, criminal prosecutors and attorneys, and forensic science educators.

Regulation of Tissue Oxygenation, Second Edition Roland N. Pittman 2016-08-18 This presentation describes various aspects of the regulation of tissue oxygenation, including the roles of the circulatory system, respiratory system, and blood, the carrier of oxygen within these components of the cardiorespiratory system. The respiratory system takes oxygen from the atmosphere and transports it by diffusion from the air in the alveoli to the blood flowing through the pulmonary capillaries. The cardiovascular system then moves the oxygenated blood from the heart to the microcirculation of the various organs by convection, where oxygen is released from hemoglobin in the red blood cells and moves to the parenchymal cells of each tissue by diffusion. Oxygen that has diffused into cells is then utilized in the mitochondria to produce adenosine triphosphate (ATP), the energy currency of all cells. The mitochondria are able to produce ATP until the oxygen tension or PO<sub>2</sub> on the cell surface falls to a critical level of about 4–5 mm Hg. Thus, in order to meet the energetic needs of cells, it is important to maintain a continuous supply of oxygen to the mitochondria at or above the critical PO<sub>2</sub>. In order to accomplish this desired outcome, the cardiorespiratory system, including the blood, must be capable of regulation to ensure survival of all tissues under a wide range of circumstances. The purpose of this presentation is to provide basic information about the operation and regulation of the cardiovascular and respiratory systems, as well as the properties of the blood and parenchymal cells, so that a fundamental understanding of the regulation of tissue oxygenation is achieved.

**Live Your Dash** Linda Ellis 2011-11-01 Sharing her messages of joy, hope, and positive energy, the author of the poem "The Dash" presents inspirational stories, essays and poetry on how to live life to the fullest, along with tales of people who have been "touched by the dash."

The Twelve Days of Dash & Lily Rachel Cohn 2016-10-18 New York Times bestselling authors Rachel Cohn and David Levithan are back together with a life-affirming holiday romance starring Dash and Lily. Just in time for the series release of Dash & Lily on Netflix! Dash and Lily have had a tough year since readers watched the couple fall in love in Dash & Lily's Book of Dares. Lily's beloved grandfather suffered a heart attack, and his difficult road to recovery has taken a major toll on her typically sunny disposition. Lily's spark has dimmed so much that Langston, her brother, has put aside his grudge against Dash to team up and remind Lily what there is to love about life. With only twelve days left until Christmas-Lily's favorite time of the year-Dash, Langston, and their friends take Manhattan by storm to help Lily recapture the holiday spirit of New York City in December, a time and place unlike anywhere else in the world. Told in alternating chapters, The Twelve Days of Dash & Lily is bound to be a Christmas favorite for seasons to come. "Cohn and Levithan write with verve and plenty of wry comedy. . . . Intriguing characters and splendid writing."--Kirkus Reviews "Peppered with sharp banter and up-to-the-minute New York City references. . . . A full-fledged rom-com."--Publishers Weekly "Hilarious and heartfelt . . . [captures] the emotions of teen love, along with the hilarity of young adult life."--School Library Journal A Zoella Book Club Pick!

**Your Body: The Missing Manual** Matthew MacDonald 2009-07-21 What, exactly, do you know about your body? Do you know how your immune system works? Or what your pancreas does? Or the myriad -- and often simple -- ways you can improve the way your body functions? This full-color, visually rich guide answers these questions and more. Matthew MacDonald, noted author of *Your Brain: The Missing Manual*, takes you on a fascinating tour of your body from the outside in, beginning with your skin and progressing to your vital organs. You'll look at the quirks, curiosities, and shortcomings we've all learned to live with, and pick up just enough biology to understand how your body works. You'll learn: That you shed skin more frequently than snakes do Why the number of fat cells you have rarely changes, no matter how much you diet or exercise -- they simply get bigger or smaller How you can measure and control fat That your hair is made from the same stuff as horses' hooves That you use only a small amount of the oxygen you inhale Why blood pressure is a more important health measure than heart rate -- with four ways to lower dangerously high blood pressure Why our bodies crave foods that make us fat How to use heart rate to shape an optimal workout session -- one that's neither too easy nor too strenuous Why a tongue with just half a dozen taste buds can identify thousands of flavors Why bacteria in your gut outnumber cells in your body -- and what function they serve Why we age, and why we can't turn back the clock What happens to your body in the minutes after you die Rather than dumbed-down self-help or dense medical text, *Your Body: The Missing Manual* is entertaining and packed with information you can use. It's a book that may well change your life. Reader comments for *Your Brain: The Missing Manual*, also by author Matthew MacDonald: "Popular books on the brain are often minefields of attractive but inaccurate information. This one manages to avoid most of the hype and easy faulty generalizations while providing easy to read and digest information about the brain. It has useful tricks without the breathless hype of many popular books."-- Elizabeth Zwicky, *The Usenix Magazine* "...a unique guide that should be sought after by any who want to maximize what they can accomplish with their mental abilities and resources."-- James A. Cox, *The Midwest Book Review - Wisconsin Bookwatch* "If you can't figure out how to use your brain after reading this guide, you may want to return your brain for another."-- The Sacramento Book Review, Volume 1, Issue 2, Page 19 "It's rare to find a book on any technical subject that is as well written and readable as *Your Brain: The Missing Manual*. The book covers pretty much anything you may want to know about your brain, from what makes it up, through how it develops to how to mitigate the affects of aging. The book is easy reading, fact packed and highlighted notes and practical applications. So if you want to learn more about your brain, how it works, how to get the best out of it or just want to stave off the ravages of Alzheimers (see chapter ten for details of how learning helps maintain your brain) then I can't recommend this book highly enough."-- Neil Davis, *Amazon.co.uk* "MacDonald's writing style is perfect for this kind of guide. It remains educational without becoming overly technical or using unexplained jargon. And even though the book covers a broad scope of topics, MacDonald keeps it well organized and easy to follow. The book captures your attention with fun facts and interesting studies that any person could apply to their own understanding of human ability. It has great descriptions of the brain and its interconnected parts, as well as providing full color pictures and diagrams to offer a better explanation of what the author is talking about."-- Janica Unruh, *Blogcritics Magazine*

**The Raven** Edgar Allan Poe 1883

Poems by Walt Whitman Walt Whitman 2016-04-22 Walt Whitman is widely regarded as one of the masters of American poetry. Here are collected his finest poems, a perfect companion for any fan of Whitman's work.

The Lincoln Highway Amor Towles 2021-10-05 #1 NEW YORK TIMES BESTSELLER A TODAY Show Read with Jenna Book Club Pick A New York Times Notable Book, and Chosen by Oprah Daily, Time, NPR, The Washington Post and Barack Obama as a Best Book of the Year "Wise and wildly entertaining . . . permeated with light, wit, youth." --The New York Times Book Review "A classic that we will read for years to come." --Jenna Bush Hager, Read with Jenna book club "A real joyride . . . elegantly constructed and compulsively readable." -- NPR The bestselling author of *A Gentleman in Moscow* and *Rules of Civility* and master of absorbing, sophisticated fiction returns with a stylish and propulsive novel set in 1950s America In June, 1954, eighteen-year-old Emmett Watson is driven home to Nebraska by the warden of the juvenile work farm where he has just served fifteen months for involuntary manslaughter. His mother long gone, his father recently deceased, and the family farm foreclosed upon by the bank, Emmett's intention is to pick up his eight-year-old brother, Billy, and head to California where they can start their lives anew. But when the warden drives away, Emmett discovers that two friends from the work farm have hidden themselves in the trunk of the warden's car. Together, they have hatched an altogether different plan for Emmett's future, one that will take them all on a fateful journey in the opposite direction--to the City of New York. Spanning just ten days and told from multiple points of view, Towles's third novel will satisfy fans of his multi-layered literary styling while providing them an array of new and richly imagined settings, characters, and themes.

**Dash & Lily's Book of Dares** Rachel Cohn 2010-10-26 Now a Netflix original series starring Austin Abrams and Midori Francis! A whirlwind holiday season romance from the New York Times bestselling authors of *Nick & Norah's Infinite Playlist*. "I've left some clues for you. If you want them, turn the page. If you don't, put the book back on the shelf, please." 16-year-old Lily has left a red notebook full of challenges on her favorite bookstore shelf, waiting for just the right guy to come along and accept its dares. Dash, in a bad mood during the holidays, happens to be the first guy to pick up the notebook and rise to its challenges. What follows is a whirlwind romance as Dash and Lily trade dares, dreams, and desires in the notebook they pass back and forth at locations all across New York City. But can their in-person selves possibly connect as well as their notebook versions, or will their scavenger hunt end in a comic mishap of disastrous proportions? Co-written by Rachel Cohn (*GINGERBREAD*) and David Levithan, co-author of *WILL GRAYSON*, *WILL GRAYSON* with John Green (*THE FAULT IN OUR STARS*), **DASH & LILY'S BOOK OF DARES** is a love story that will have readers scouring bookstore shelves, looking and longing for a love (and a red notebook) of their own.

**Live Your Dash** Linda Ellis 2014-05-06 Sharing her messages of joy, hope and positive energy, the author of the internationally acclaimed poem "The Dash", presents inspirational stories, essays and poetry on how to live life to the fullest, along with tales of people who have been "touched by the dash".

**Cooking for Geeks** Jeff Potter 2010-07-20 Presents recipes ranging in difficulty with the science and technology-minded cook in mind, providing the science behind cooking, the physiology of taste, and the techniques of molecular gastronomy.

**Instructions for Dancing** Nicola Yoon 2021-06-01 AN INSTANT #1 NEW YORK TIMES BESTSELLER "A charming, wholehearted love story that's sure to make readers swoon."--Entertainment Weekly "Nicola Yoon writes from the heart in this beautiful love story."--Good Morning America "It's like an emotional gut punch--so beautiful and also heart-wrenching."--US Weekly In this romantic page-turner from the author of *Everything, Everything* and *The Sun Is Also a Star*, Evie has the power to see other people's romantic fates--what will happen when she finally sees her own? Evie Thomas doesn't believe in love anymore. Especially after the strangest thing occurs one otherwise ordinary afternoon: She witnesses a couple kiss and is overcome with a vision of how their romance began. . . and how it will end. After all, even the greatest love stories end with a broken heart, eventually. As Evie tries to understand why this is happening, she finds herself at La Brea Dance Studio, learning to waltz, fox-trot, and tango with a boy named X. X is everything that Evie is not: adventurous, passionate, daring. His philosophy is to say yes to everything--including entering a ballroom dance competition with a girl he's only just met. Falling for X is definitely not what Evie had in mind. If her visions of heartbreak have taught her anything, it's that no one escapes love unscathed. But as she and X dance around and toward each other, Evie is forced to question all she thought she knew about life and love. In the end, is love worth the risk?

Why I Write George Orwell 2021-01-01 George Orwell set out "to make political writing into an art", and to a wide extent this aim shaped the future of English literature -- his descriptions of authoritarian regimes helped to form a new vocabulary that is fundamental to understanding totalitarianism. While 1984 and Animal Farm are amongst the most popular classic novels in the English language, this new series of Orwell's essays seeks to bring a wider selection of his writing on politics and literature to a new readership. In *Why I Write*, the first in the *Orwell's Essays* series, Orwell describes his journey to becoming a writer, and his movement from writing poems to short stories to the essays, fiction and non-fiction we remember him for. He also discusses what he sees as the "four great motives for writing" -- "sheer egoism", "aesthetic enthusiasm", "historical impulse" and "political purpose" -- and considers the importance of keeping these in balance. *Why I Write* is a unique opportunity to look into Orwell's mind, and it grants the reader an entirely different vantage point from which to consider the rest of the great writer's oeuvre. "A writer who can -- and must -- be rediscovered with every age." -- Irish Times

**Make Your Bed** Admiral William H. McRaven 2017-04-04 Based on a Navy SEAL's inspiring graduation speech, this #1 New York Times bestseller of powerful life lessons "should be read by every leader in America" (*Wall Street Journal*). If you want to change the world, start off by making your bed. On May 17, 2014, Admiral William H. McRaven addressed the graduating class of the University of Texas at Austin on their Commencement day. Taking inspiration from the university's slogan, "What starts here changes the world," he shared the ten principles he learned during Navy Seal training that helped him overcome challenges not only in his training and long Naval career, but also throughout his life; and he explained how anyone can use these basic lessons to change themselves and the world-for the better. Admiral McRaven's original speech went viral with over 10 million views. Building on the core tenets laid out in his speech, McRaven now recounts tales from his own life and from those of people he encountered during his military service who dealt with hardship and made tough decisions with determination, compassion, honor, and courage. Told with great humility and optimism, this timeless book provides simple wisdom, practical advice, and words of encouragement that will inspire readers to achieve more, even in life's darkest moments. "Powerful." --USA Today "Full of captivating personal anecdotes from inside the national security vault." --Washington Post "Superb, smart, and succinct." --Forbes

**Make Time** Jake Knapp 2018-09-25 From the New York Times bestselling authors of *Sprint* comes a simple 4-step system for improving focus, finding greater joy in your work, and getting more out of every day. "A charming manifesto--as well as an intrepid do-it-yourself guide to building smart habits that stick. If you want to achieve more (without going nuts), read this book."--Charles Duhigg, bestselling author of *The Power of Habit* and *Smarter Faster Better* Nobody ever looked at an empty calendar and said, "The best way to spend this time is by cramming it full of meetings!" or got to work in the morning and thought, "Today I'll spend hours on Facebook! Yet that's exactly what we do. Why? In a world where information refreshes endlessly and the workday feels like a race to react to other people's priorities faster, frazzled and distracted has become our default position. But what if the exhaustion of constant busyness wasn't mandatory? What if you could step off the hamster wheel and start taking control of your time and attention? That's what this book is about. As creators of Google Ventures' renowned "design sprint," Jake and John have helped hundreds of teams solve important problems by changing how they work. Building on the success of these sprints and their experience designing ubiquitous tech products from Gmail to YouTube, they spent years experimenting with their own habits and routines, looking for ways to help people optimize their energy, focus, and time. Now they've packaged the most effective tactics into a four-step daily framework that anyone can use to systematically design their days. Make Time is not a one-size-fits-all formula. Instead, it offers a customizable menu of bite-size tips and strategies that can be tailored to individual habits and lifestyles. Make Time isn't about productivity, or checking off more to-dos. Nor does it propose unrealistic solutions like throwing out your smartphone or swearing off social media. Making time isn't about radically overhauling your lifestyle; it's about making small shifts in your environment to liberate yourself from constant busyness and distraction. A must-read for anyone who has ever thought, "If only there were more hours in the day...." Make Time will help you stop passively reacting to the demands of the modern world and start intentionally making time for the things that matter.

The Last Seven Pages James Pinnick 2014-04 When a ventilator prevented her from speaking during her final hours, Jennifer started writing. After her death, her husband turns to those pages to tell her story of courage and faith. James had just walked through the door after a day's work when Jennifer told him the news that changed everything: it was cancer. In the following two years they would lose their sense of normalcy and their dreams for the future. But along the way, they would gain something even greater than their loss. Told through the eyes of a grieving husband is this true story of a young woman's fight for her life. Jennifer's final words, penned by hand when a ventilator prevented her from speaking, provide a powerful backdrop to this journey of faith and hope. A memoir that also offers a practical pathway for those struggling with loss, *The Last Seven Pages* is a testimony of a God who is present in our darkest moments, and who turned a devastating illness into a life-changing promise.

The Great Mental Models: General Thinking Concepts Farnam Street 2019-12-16 The old saying goes, "To the man with a hammer, everything looks like a nail." But anyone who has done any kind of project knows a hammer often isn't enough. The more tools you have at your disposal, the more likely you'll use the right tool for the job - and get it done right. The same is true when it comes to your thinking. The quality of your outcomes depends on the mental models in your head. And most people are going through life with little more than a hammer. Until now. The Great Mental Models: General Thinking Concepts is the first book in *The Great Mental Models* series designed to upgrade your thinking with the best, most useful and powerful tools so you always have the right one on hand. This volume details nine of the most versatile, all-purpose mental models you can use right away to improve your decision making, productivity, and how clearly you see the world. You will discover what forces govern the universe and how to focus your efforts so you can harness them to your advantage, rather than fight with them or worse yet - ignore them. Upgrade your mental toolbox and get the first volume today. AUTHOR BIOGRAPHY Farnam Street (FS) is one of the world's fastest growing websites, dedicated to helping our readers master the best of what other people have already figured out. We curate, examine and explore the timeless ideas and mental models that history's brightest minds have used to live lives of purpose. Our readers include students, teachers, CEOs, coaches, athletes, artists, leaders, followers, politicians and more. They're not defined by gender, age, income, or politics but rather by a shared passion for avoiding problems, making better decisions, and lifelong learning. AUTHOR HOME Ottawa, Ontario, Canada

**Atlas of the Heart** Brené Brown 2021-11-30 #1 NEW YORK TIMES BESTSELLER • In her latest book, Brené Brown writes, "If we want to find the way back to ourselves and one another, we need language and the grounded confidence to both tell our stories and be stewards of the stories that we hear. This is the framework for meaningful connection." In *Atlas of the Heart*, Brown takes us on a journey through eighty-seven of the emotions and experiences that define what it means to be human. As she maps the necessary skills and an actionable framework for meaningful connection, she gives us the language and tools to access a universe of new choices and second chances—a universe where we can share and steward the stories of our bravest and most heartbreaking moments with one another in a way that builds connection. Over the past two decades, Brown's extensive research into the experiences that make us who we are has shaped the cultural conversation and helped define what it means to be courageous with our lives. *Atlas of the Heart* draws on this research, as well as on Brown's singular skills as a storyteller, to show us how accurately naming an experience doesn't give the experience more power—it gives us the power of understanding, meaning, and choice. Brown shares, "I want this book to be an atlas for all of us, because I believe that, with an adventurous heart and the right maps, we can travel anywhere and never fear losing ourselves."

Ishmael Daniel Quinn 1995 An award-winning, compelling novel of spiritual adventure about a gorilla named Ishmael, who possesses immense wisdom, and the man who becomes his pupil, offers answers to the world's most pressing moral dilemmas. Reprint.

Cadet Adam Bill Eckel 2017-05-25 The Niharsug Award for Science is rarely given. Adam has won it. With it he can choose his future. Rebellious against his parents, Adam follows his crib-mate, Evie, into the Fleet Academy. Once there he falls afoul of the Psychic Wing, the menacing new branch of Space Fleet, who has recruited Evie. He is determined to save her. But first he must save himself. The Psychics plan to usurp the throne of the Ancient of Days, leader of the Most High Federation of Planets, and Adam stands in their way.

The Single Woman: Life, Love, and a Dash of Sass Mandy Hale 2013-08-13 Smart, strong, independent—single women can live a fabulous life. Husband not required. Mandy Hale, also known by her many blog readers and Twitter fans as The Single Woman™, shares her stories, advice, and enthusiasm for living life as an empowered, confident, God-centered woman who doesn't just resign herself to being single—she enjoys it! Being single has had its stigmas, but Mandy proves it has its advantages too, and she uses wisdom and wit to inspire her fellow single ladies to celebrate and live fully in the life God has given them. Mandy encourages her readers on subjects such as taking chances, building friendships, letting go, and finding a greater purpose. With her help, readers can stop worrying about happily ever after and discover a happy life instead.

Live Your Dash Linda Ellis 2011 Sharing her messages of joy, hope and positive energy, the author of the internationally acclaimed poem "The Dash", presents inspirational stories, essays and poetry on how to live life to the fullest, along with tales of people who have been "touched by the dash".

Redefining Diva Sheryl Lee Ralph 2012-03-13 Secrets about love, life, and Hollywood from the Tony Award-winning actress from the Broadway production of *Dreamgirls*—in the role recently made famous by Beyoncé—timed to coincide with the thirtieth anniversary of the original Broadway show. Sheryl Lee Ralph was the original Deena Jones in Broadway's production of *Dreamgirls* and the show was a Broadway sensation from its inception. Now, the star of film, television, and Broadway, known for her talent and fearlessness, shows readers how to find—and own—their inner divas. Sheryl rose to international fame after her performance in *Dreamgirls*, winning the Tony Award for Best Actress and going on to star in movies with Denzel Washington and Robert DeNiro and capture America's heart as television's favorite mom *Die* in the #1-rated series *Moesha*. But it wasn't an easy task. From her legendary catfight with Diana Ross to her controversial exit from *Moesha*, Sheryl Lee Ralph is a woman who does not fade in the background—and she reveals how and why she has remained in the spotlight for decades. Sheryl is a hip, modern Miss Manners who inspires women with her wit, strength, and call-it-like-it-is courage. Using her own experiences as a guide—and dishing the truth behind all the rumors—Sheryl reveals her rules for living. This is *Divahood A-Z*—from the practical to the spiritual, featuring advice on everything from relationships to fashion to success in the business world. So, the next time someone calls you a diva, you'll just smile and say "Thank you!"

*live-your-dash-make-every-moment-matter-  
linda-ellis*

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